



**University of California Division of Agriculture and Natural Resources  
4-H Youth Development Program  
Adult 4-H Volunteer Paper Application Form**

The 4-H Youth Development Program is in every county in California. 4-H is a place where young people are given many opportunities to build confidence, learn responsibility, and develop skills that will last them a lifetime. It's a place where youth make friends and share interests, ranging from building robots to raising rabbits, from designing web pages to landscape design. It's a place where youth work together to make a positive difference in their community, and adult volunteers make a powerful difference in the lives of young people. Get involved in the 4-H community and make a lasting difference! For more information about 4-H, visit [www.ca4h.org](http://www.ca4h.org)

4-H Youth Development Program Volunteers are appointed by the County Director annually. The decision to appoint or not appoint a volunteer (whether initially or upon renewal) rests with the County Director, in consultation with appropriate 4-H staff. All appointments are made for the best interest of the 4-H Youth Development Program and 4-H members.

Adults are eligible to participate in 4-H if they are 18 years of age or older. A volunteer cannot simultaneously be a 4-H member. Chaperones must be 25 years of age or older for overnight events in **San Diego County**.

This application form is used for adults in all delivery modes in which the adult will have contact with youth.

**Step 1: REQUIRED FORMS, BACKGROUND CHECK, AND ORIENTATION**

Required Annually	<b>Form:</b> Enrollment Form with signatures <i>(kept on file at the County 4-H Office)</i>
Required Annually	<b>Form:</b> Waiver of Liability <i>(kept on file at the County 4-H Office)</i>
Required Annually	<b>Form:</b> Medical Release and Health History <i>(kept on file by the local 4-H Club/ Unit Leader)</i>
Required Annually	<b>Form:</b> Volunteer Confidential Self-Disclosure Form <i>(kept on file at the County 4-H Office)</i>
Required First Year	Complete the background screening process including Live Scan
Required First Year	Participate in a required 4-H volunteer orientation

**Step 2: PAYMENT - The following payment is required to enroll in the 4-H program.**

*In some cases, these fees may be covered or waived by the 4-H Club/ Unit or County Council.*

4-H Club/Unit Program Fees	\$	per adult
County 4-H Program Fees	\$0	per adult
State 4-H Accident/Sickness Insurance and Program Fees	\$5	per adult
<b>Total</b>	<b>\$</b>	

**Step 3: Return the forms and payment to the 4-H Club/Unit Leader or the County 4-H Office.**

*Once all steps have been completed, the County 4-H Office must confirm your appointment.*

**For more information about 4-H Enrollment, please contact:**

<p><b>4-H Club/Unit Leader</b></p>	<p><b>San Diego County 4-H Office</b> University of California Cooperative Extension 5555 Overland Ave, Ste 4101 San Diego, CA 92123 (858) 694-2861</p>
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In compliance with the California Information Practices Act of 1977, the following information is provided:

The information on this form is being requested by the University of California Cooperative Extension for use in its 4-H Youth Development Program. The individual completing this form may make inquiries concerning use of the information collected and may ask to review the form as well as other non-confidential personal information maintained on record by contacting the local UCCE County Director, 4-H Youth Development Advisor, 4-H Program Representative, or the State 4-H Director at:

California 4-H Youth Development Office  
University of California  
DANR Building, One Hopkins Road  
Davis, CA 95616-8575  
(530) 754-8518  
fourhstateofc@ucdavis.edu

Information on this form is being requested under the authority of the Smith-Lever Act of 1914 covering Cooperative Extension activities and Article IX, Section 9 of the State of California Constitution covering the University of California. Ethnic information is requested to maintain compliance with Title VI of the Civil Rights Act of 1964 and sex information is requested to maintain compliance with the Title IX of the Education Amendments of 1972.

Statistical information on this form is being collected to satisfy the U.S. Department of Agriculture Extension Service reporting requirements for Affirmative Action and the Federal ES-237 annual 4-H Youth Program Report. Statistical information includes birth date, sex, ethnic information, residence location, project name and number.

Submission of the above noted information is voluntary. If the information is not submitted by the source, the County 4-H Youth Development Staff may use his or her judgment to complete the information and satisfy Federal reporting requirements.

Other personal information on this form is being collected to provide the County Extension 4-H Advisors with information to assist in program planning. This information consists of name, address, phone, name of school, club/group name, club/group number, date, birth date, grade, and name of parent or guardian.

Submission of the above noted information is voluntary for membership in all organized 4-H Clubs and in some 4-H Groups and activities as designated by the County 4-H Youth Development Staff in charge. If the information is not submitted, the County 4-H Youth Development Staff may not contact and/or include the individual in 4-H programs within the county. In addition, the information must be on file in the county office as mandatory proof of enrollment for individuals in the above-mentioned clubs or groups, for purposes of 4-H accident insurance coverage.

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities.

University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint.

University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.



**University of California Division of Agriculture and Natural Resources  
4-H Youth Development Program  
New Adult 4-H Volunteer Paper Application Form**

<b>Email</b>			
<b>First Name</b>		<b>Last Name</b>	
<b>Address</b>			
<b>City</b>		<b>State &amp; Zip Code</b>	
<b>Birth Date</b>			
<b>Phone</b>		<b>Cell Phone</b>	
<b>Work Phone</b>		<b>Fax</b>	
<b>County</b>		<b>Gender</b>	<input type="checkbox"/> male <input type="checkbox"/> female
<b>Ethnicity</b>	Are you of Hispanic ethnicity? <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> White <input type="checkbox"/> Black	<input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> Asian	
<b>Residence</b>	<input type="checkbox"/> Farm ( <i>Rural area where agricultural products are sold</i> ) <input type="checkbox"/> Town under 10,000 and rural non-farm <input type="checkbox"/> Town/City 10,000 – 50,000 and its suburbs	<input type="checkbox"/> Suburb of city more than 50,000 <input type="checkbox"/> Central city more than 50,000	
<b>Military</b>	<input type="checkbox"/> No one in my family is serving in the military		<input type="checkbox"/> Myself, and/or my spouse, is currently serving in the military.
<b>Year in 4-H</b>			
<b>Education</b>	<input type="checkbox"/> Decline to State <input type="checkbox"/> Less than 9 <sup>th</sup> grade <input type="checkbox"/> 9 <sup>th</sup> to 12 <sup>th</sup> grade, no completion <input type="checkbox"/> High school completion <input type="checkbox"/> Some college (no degree)	<input type="checkbox"/> Associate Degree <input type="checkbox"/> Bachelor Degree <input type="checkbox"/> Master Degree <input type="checkbox"/> Professional Degree <input type="checkbox"/> Doctorate Degree	
<i>Please indicate proficiency in a language, other than English.</i>			
<i>If you have children in the 4-H program, please list their names.</i>			
County Newsletter Preference: <input type="checkbox"/> Postal mail <input type="checkbox"/> Email			

<b>Club/Unit Name</b>	<b>Leadership Role</b>		
	<input type="checkbox"/> Primary Community Leader	<input type="checkbox"/> Co-Community Leader	
	<input type="checkbox"/> Asst't Community Leader	<input type="checkbox"/> Other Volunteer	
<b>Club/Unit Name</b>	<b>Project Name</b>	<b>Years in Project</b>	<b>Leadership</b>
			<input type="checkbox"/> Project Leader <input type="checkbox"/> Ass't Project Leader <input type="checkbox"/> Project Specialist (Resource Leader)
			<input type="checkbox"/> Project Leader <input type="checkbox"/> Ass't Project Leader <input type="checkbox"/> Project Specialist (Resource Leader)

By signing and dating this document, I certify that I have read, understand, and agree to the terms of the 4-H Code of Conduct/Responsibilities and Rights and Photograph and Information Release. I am aware that I must re-apply for a 4-H Volunteer appointment annually, and provide an updated Medical Release, Waiver of Liability, and Volunteer Confidential Self-Disclosure Form.

<b>Signature</b>	<b>Date</b>	

<b>County Use Only</b>					<b>Club Use Only</b>		
<b>Volunteer ID#</b>	<b>Waiver of Liability</b>	<b>Background Check</b>	<b>Self-Disclosure</b>	<b>Orientation</b>	<b>Date Received</b>	<b>Medical Release</b>	<b>CASH OR CHECK#</b> _____
							<b>Fees Paid \$</b> _____

**University of California Division of Agriculture and Natural Resources  
4-H Youth Development Program**

Participant's Name \_\_\_\_\_  
Please Print

County \_\_\_\_\_ Club/Unit \_\_\_\_\_

WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

**Waiver:** In consideration of being permitted to participate in any way in *California 4-H Youth Development Activities and Projects*, I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue The Regents of the University of California, its officers, employees, and agents from liability from any and all claims including the negligence of The Regents of the University of California, its officers, employees and agents, resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in *California 4-H Youth Development Activities and Projects*.

**Assumption of Risks:** Participation in *California 4-H Youth Development Activities and Projects* carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains; 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions; and 3) catastrophic injuries including paralysis and death.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in *California 4-H Youth Development Activities and Projects*. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

**Indemnification and Hold Harmless:** I also agree to INDEMNIFY AND HOLD The Regents of the University of California HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in *California 4-H Youth Development Activities and Projects*, and to reimburse them for any such expenses incurred.

**Severability:** The undersigned further expressly agrees that the foregoing Waiver and Assumption of Risk Agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**Acknowledgment of Understanding:** I have read this Waiver of Liability, Assumption of Risk, and Indemnity Agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

\_\_\_\_\_  
Signature of Parent/Guardian of Minor or Adult Participant

\_\_\_\_\_  
Date

Age (if minor) \_\_\_\_\_

THIS WAIVER APPLIES TO ALL CALIFORNIA 4-H YOUTH DEVELOPMENT ACTIVITIES AND PROJECTS INCLUDING, BUT NOT LIMITED TO PROJECT MEETINGS, CLUB MEETINGS, EDUCATIONAL FIELD DAYS, FIELD TRIPS, CAMPS, EXCHANGE PROGRAMS, FUNDRAISERS, COMMUNITY SERVICE ACTIVITIES, VOLUNTEER TRAININGS, FAIRS, AND PROJECTS.

***LIST OF CALIFORNIA 4-H PROJECTS***

<b>Citizenship and Civic Education</b>	<b>Personal Development and Leadership</b>
Citizenship	All Star Leadership
Community Pride & Community Service	Beginning 4-H
Cultural Arts	Career Exploration
Domestic Exchanges	Group-Determined
Economics & Marketing	Hi 4-H
Global Education	Leadership Development
International Exchanges	Record Keeping
Service Learning	Self-Determined
<b>Communications and Expressive Arts</b>	<b>Plants and Animals</b>
Calligraphy	Angora Goats
Candle Making	Beef Cattle
Ceramics & Clay Arts	Bees
Communications	Cats
Creative Arts, Crafts & Hobbies	Cavies
Dance	Dairy Cattle
Drama	Dairy Goats
Graphic Arts	Dog Care and Training
Leathercraft	Embryology
Photography	Entomology
Presentations	Exotic Birds
Scrapbooking	Field Crops and Management
Sign Language	Forestry
	Fruits, Nuts and Berries
<b>Consumer and Family Sciences</b>	Horses and Ponies
Child Development and Care	Indoor and Mini Gardens
Clothing & Textiles	Livestock Judging
Consumer Education	Llamas & Alpacas
Fashion Revue	Meat Goats
Fiber Arts (Spinning, Knitting, Crochet, Needlecraft)	Nigerian Goats
Flower Arranging	Ornamental Horticulture
Home & Personal Management	Pack Goats
Home Arts & Furnishings	Pets and Small Animals
Quilting	Poultry and Game Birds
	Pygmy Goats
<b>Environmental Education and Earth Sciences</b>	Rabbits
4-H Overnight Camp	Service Animals
Archery	Sheep
Astronomy	Sugarbeets
Camping, Hiking, and Outdoor Adventures	Swine
Climatology	Therapeutic Animals
Energy Management	Vegetable Gardens and Crops
Environmental Stewardship	Veterinary Science
Fishing and Fly Tying	
Marine Biology	<b>Science and Technology</b>
Oceanography	Aerospace & Rocketry
Science Literacy	Automotive
Shooting Sports & Education	Bicycles
Soil & Water Conservation	Computers
Wildlife	Electricity & Electronics
	Farm Machinery
<b>Healthy Lifestyle Education</b>	General Engineering
Baking and Breadmaking	GIS/GPS
Cake Decorating	Metal Working
CPR & First Aid	Robotics
Food Preservation	Safety
Foods & Nutrition	Small Engines
Health and Physical Fitness	Woodworking
Individual and Group Sports	





**University of California Division of Agriculture and Natural Resources  
4-H Youth Development Program  
Health History Information**

_____	_____	____/____/____
First Name	Last Name	County                      Date of Birth

Subject to:	YES	No	Now Have or Have Had	Yes	No
Colds			Heart Trouble		
Sore Throat			Asthma		
Fainting Spells			Lung Trouble		
Bronchitis			Sinus Trouble		
Convulsions			Hernia (rupture)		
Cramps			Appendicitis		
Allergies			Has appendix been removed?		
Wear corrective lenses?			Do you walk in your sleep?		
Is hearing good?					
Currently under any type of medical care?					
Is there history of behavior disorders, emotional disturbances, or severe moodiness?					
Been under psychiatric treatment within the past five years?					

Date of last Tetanus Vaccination: \_\_\_\_\_

Please identify allergies including allergies to food, medications, and drug reactions:

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Please list any disabilities or disorders that may affect participation, such as: Eyesight, hearing, speech, paralysis, diabetes, ulcer, etc.

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Please list all current medications:

Name of Medication	Dosage	Times Taken

Remarks and special instructions. Please explain "yes" answers on this page.

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The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities. University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.  
4-H 1110 (Rev 6/2008)

# California 4-H Youth Development Program

## Code of Conduct/Responsibilities and Rights

The following guidelines are to assist 4-H Volunteers in understanding what behavior is expected while performing within the course and scope of a 4-H Volunteer. 4-H Volunteers are considered Agents of the University of California and must abide by all UC policies. Appointments of 4-H Volunteers may be renewed on an annual basis through County Offices.

To be appointed as a 4-H Volunteer, an adult must:

1. Be at least 18 years of age.
2. Complete a New Adult Volunteer Application Form.
3. Complete the 4-H Volunteer screening process including a Live Scan or BID-7 Applicant Finger Print Form.
4. Attend 4-H Volunteer orientation meeting(s) offered by the County 4-H Youth Development Staff.
5. Participate in required Volunteer trainings and activities.

### CODE OF CONDUCT

Upon receiving a 4-H Volunteer Appointment Card signed by the County Director, all 4-H Volunteers shall act in ways that promote positive youth development and are not in conflict with its policies and procedures. The following are prohibited when acting on behalf of the 4-H program:

1. Possession or use of alcohol, tobacco, and/or illegal drugs (or be under the influence thereof) when involved in a 4-H event or activity.
2. Use of abusive, obscene, and discriminatory language at any 4-H activity or event.
3. Direct personal attack or harassment (visual, verbal, or physical) on another person.
4. Behavior that is illegal, unsafe, or contrary to the highest standards of ethics.
5. Be the subject of a criminal investigation or prosecution for a misdemeanor or felony offense.

### RESPONSIBILITIES

1. Participate in and support, when practicable, local Volunteer Management Organizations and/or Leaders' Councils.
2. Recognize the responsibilities of the 4-H Youth Development Program Staff in setting program standards, priorities, and direction.
3. Be committed to the core values, educational goals, and standards of the 4-H Youth Development Program as established at various organizational levels.
4. Respect and safeguard the individual rights, competencies, safety, and property of program participants.
5. Prohibit discrimination of any policies, procedures, or practices on the basis of race, color, national origin, religion, sex, gender identity, pregnancy, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran.
6. When transporting 4-H members or 4-H Volunteers, possess a valid driver's license, carry proof of automobile liability insurance, and ensure all passengers use seat belts.
7. Provide receipts for any money collected in the name of 4-H.
8. Adhere to and help enforce the program policies and procedures referred to in the 4-H Policy Handbook.

### RIGHTS

1. To be respected by program administrators and staff for the contribution 4-H Volunteers make to the program.
2. To have access to current program materials, training, and curriculum to support program delivery.
3. To actively participate in communications and meetings concerning the administration and delivery of the program.
4. To be informed of any administrative action that could result in disciplinary actions or expulsion from the program.
5. To make written complaints concerning Cooperative Extension programs, policies, or personnel as described in the 4-H Policy Handbook, Section 313.
6. To be immune from liability when reporting suspected child abuse, unless it can be proven that a false report was filed and the 4-H Volunteer knew it was false.

### PENALTIES FOR INFRACTIONS

Infractions of the Code of Conduct or the 4-H Volunteer Responsibilities and Rights must be reported by anyone observing them to the 4-H Youth Development Staff and/or Cooperative Extension County Director. Penalties include:

1. Discussion of inappropriate actions with the 4-H Volunteer, and clarification of policy when appropriate.
2. Releasing the adult to the appropriate law enforcement agency, if appropriate.
3. Written notice of termination of 4-H Volunteer status, and removal from the 4-H Youth Development Program.
4. Volunteer status suspension while charges are under investigation.

By my signature on the 4-H New Adult Volunteer Application Form, I acknowledge receipt of this document and acknowledge that I have read and agree to abide by the guidelines in this document. I understand that my appointment as a 4-H Volunteer is contingent upon my agreement to this document. Failure to comply with these guidelines may result in termination as a 4-H Volunteer.

## Photograph and Information Release

I give to The Regents of the University of California, National 4-H Council, National 4-H Headquarters (USDA), Cooperative Extension and units, its nominees, agents, and assigns, unlimited permission to copyright and use, publish, and republish for purposes of advertising, public relations, trade, or any other lawful use, information about me and reproduction of my likeness (photographic or otherwise) and my voice, whether or not related to any affiliation with 4-H, with or without my name. I hereby waive any right that I (and minor) may have to inspect or approve the copy and/or finished product or products that may be used in connection therewith or the use to which it may be applied. By signature on the 4-H New Adult Volunteer Application Form, I consent and agree to the foregoing terms and provisions.

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University of California Division of Agriculture and Natural Resources  
4-H Youth Development Program

UNIVERSITY OF CALIFORNIA



CITIZENSHIP

LEADERSHIP

LIFE SKILLS

**4-H**  
Youth  
DEVELOPMENT  
PROGRAM

The 4-H Youth Development Program (4-H YDP) provides a wide variety of enrichment activities with the ultimate goal of engaging youth in reaching their fullest potential while advancing the field of youth development. The focus of all programs is the development of citizenship, leadership, and life skills through a variety of projects and activities. 4-H is available through several different delivery methods including clubs, special interest, day camps, overnight camping, school enrichment programs, school-age child care programs, and individual study.

The purpose of 4-H YDP is to help young people discover and develop their potential in partnership with a caring adult. 4-H encourages young people to set their own goals and make their own plans and decisions. This helps boys and girls mature and build self-confidence. By being part of a group, 4-H members learn to understand and cooperate with others.

**The core values of the California 4-H Youth Development Program:**

- Support the University of California Division of Agriculture and Natural Resources' mission and strategic planning assumptions.
- Recognize that 4-H Youth Development staff provides the youth development framework for volunteers and other cooperators who bring the knowledge, experience, and passion to work with youth in their communities.
- Appreciate, respect, and value diversity through a commitment to inclusion of diverse Californians.
- Respond to local needs within a context of statewide criteria, practices, and priorities for 4-H programming.
- Innovate to maximize impact and resources while documenting the unique youth development contributions of our 4-H Youth Development programs.

**The goals of the 4-H YDP are to help young people:**

- Develop citizenship, leadership, and life skills.
- Develop initiative and assume responsibility.
- Develop the ability to live and work cooperatively with others.
- Acquire knowledge and skills and explore careers.
- Achieve satisfaction from work and accomplishments.
- Develop a positive self-image.



*Learn by doing in an atmosphere where learning is fun* is a basic philosophy of the 4-H YDP. The project is where learn-by-doing or the experiential education model takes place.

Within the project, members find things to learn, to do, to make, to explore, and then receive feedback. A 4-H project is:

- Planned work in an area of interest to the 4-H member.
- Guided by a 4-H adult volunteer who is the project leader.
- Aimed at planned objectives that can be attained and measured.
- Summarized by some form of record keeping.

Each year, a 4-H member enrolls in at least one project. Members enrolling for the first time should be encouraged to take on only one project. As members gain experience, the size of the project may be increased or additional projects may be selected. With their project leader and parent/guardian as consultants, members should select a project that will be a challenge, but not one that is larger than they can handle. Any project a 4-H member selects should be based on:

- Interests, needs, and time available.
- Family situation.
- Suitability to area of residence.
- Availability of necessary tools and equipment.

For more information, please visit <http://www.ca4h.org/>

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